## Yamhill Carlton Elementary School Breakfast and Lunch Menus September 21- September 25, 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 21,2015	<b>September 22, 2015</b>	<b>September 23, 2015</b>	<b>September 24, 2015</b>	<b>September 25, 2015</b>
Entree Choice	Entrée Choice	Entrée Choice	Entrée Choice	Entrée Choice
Ham and Cheese bars	Maple Bars	Banana Bread	Benefit Bar	Breakfast Burrito
Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices
<b>Protein Choices</b>	Protein Choices	<b>Protein Choices</b>	Protein Choices	Protein Choices
Fruit Choices	Fruit Choices	Fruit Choices	Fruit Choices	<u>Fruit Choices</u>
Milk Choices	Milk Choices	Milk Choices	Milk Choices	<u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
September 21,2015	September 22, 2015	<b>September 23, 2015</b>	<b>September 24, 2015</b>	<b>September 25, 2015</b>
Entrée Choice	Entrée Choice	Entrée Choice	Entrée Choice	Entrée Choice
Popcorn chicken /Tots	Burrito/Chili Cheese	Nachos/Refried beans	Chicken Burger/Fries	Corn Dogs/Tots
Yogurt Parfait/Crackers	Yogurt Parfait/Crackers	Yogurt Parfait/Crackers	Yogurt Parfait/Crackers	Yogurt Parfait/Crackers
Pizza	Pizza	Pizza	Pizza	Pizza
Deli Sandwich/Chips	Deli Sandwich/Chips	Deli Sandwich/Chips	Deli Sandwich/Chips	Deli Sandwich/Chips
Chicken Salad	Hummus Box	Chicken salad	Chicken salad	Chicken salad
Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar
Milk Choice	<u>Milk Choice</u>	Milk Choice	<u>Milk Choice</u>	Milk Choice
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

Children in SNAP and/or TANF households and Foster Children are eligible for free meals. Children may qualify for Free or Reduced-Price School Meals based on the Federal Income Guidelines. Complete the On-Line Application or fill out the paper application. Mail or deliver it to: YC SD, 120 N. Larch Place, Yamhill, OR 97148. If you have questions or need help, call Jane Gullett (503) 852.7610.

Grades K-12: Breakfast Free	Grades K-4: Lunch \$2.50	<b>Grades 5-12: Lunch \$2.75</b>	Reduced-Price Lunch K-12: \$0.00